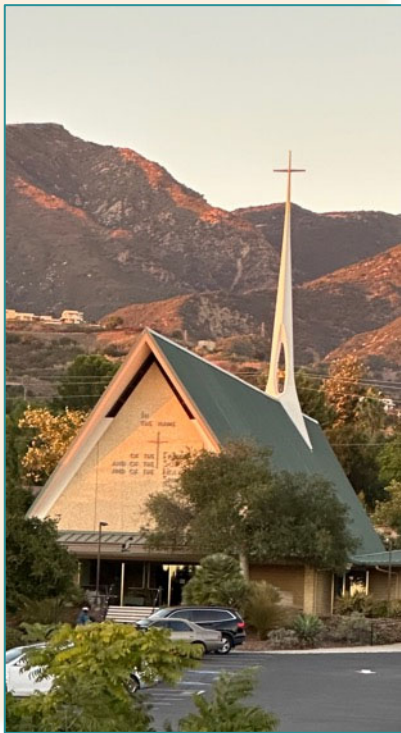




Volume XXVIII | Issue 9
September 2026

GLAD TIDINGS

Trinity Evangelical Lutheran Church • Santa Barbara • CA



Psalm 103:8-11

- ⁸ *Lord, you are full of compassion
and mercy,
slow to anger and abounding in
steadfast love;*
- ⁹ *you will not always accuse us,
nor will you keep your anger
forever.*
- ¹⁰ *You have not dealt with us
according to our sins,
nor repaid us according to our
iniquities.*
- ¹¹ *For as the heavens are high above
the earth,
so great is your steadfast love for
those who fear you.*

CAL LUTHERAN VISITS



The last weekend in August saw California Lutheran University visit our campus. On Saturday, August 29th the Campus Ministry leaders used our campus for a planning retreat for the spiritual life for this academic year. Joining Campus Pastor, the Reverend Elizabeth Gallen (Pastor Beth, “PB”) and Spiritual Engagement Coordinator, Rynne Rojas, were student leaders, Lili, Kaya, Angelo and Chaya.

Using Room 3 they learned about their personalities through the Enneagram Model, did some worship training, planned activities and enjoyed the Trinity Garden. Angelo and Chaya joined Kaya in Minnesota this summer as camp counselors at the camp Kaya’s mom directs, giving them a lot of preparation for their planning of games and activities for the school year.

On Sunday they were joined by President John A. Nunes, PhD, and his wife First Lady Monique “Ms. Mo” for our worship which they all participated in. President Nunes preached, Ms. Mo sang a special a capella version of *Amazing Grace*, the students read scripture and led the prayers and Pastor Beth served communion.

At the end of the service President Nunes made a special announcement in which he revealed that this year’s recipient of the Christus Merit Award (Cal Lutheran’s most prestigious) would be Pastor Mark.

The award ceremony will be a part of the Founders Day Convocation and Homecoming weekend. On Thursday, October 15th in Samuelson Chapel a special worship service will take place with former Presiding Bishop Elizabeth Eaton speaking. More detail to come as you are invited to attend.



WORSHIP NOTES

Sunday, September 6th

9:30 a.m. Sanctuary/Livestream

Creation in Christ Sunday

Sacrament of Holy Baptism

for Emmy Hammond Irwin

Sunday, September 13th

9:30 a.m. Sanctuary/Livestream

16th Sunday after Pentecost

God's Work. Our Hands.

Sunday School resumes

5:00 p.m. Chapel

Evening Taizé Worship

with Holy Communion

Sunday, September 20th

9:30 a.m. Sanctuary/Livestream

17th Sunday after Pentecost

Sunday, September 27th

9:30 a.m. Sanctuary/Livestream

18th Sunday after Pentecost

5:00 p.m. Chapel

Evening Taizé Worship

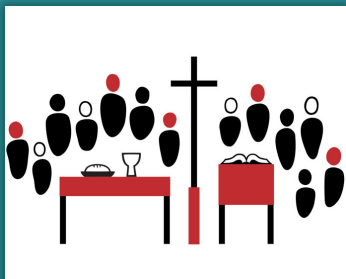
with Holy Communion

Sacrament of Holy Baptism

for Alex Sheldon

Reaffirmation of Baptism

for Pablo Sheldon



SEPTEMBER ADULT EDUCATION

Beginning Sunday September 20th

After a great study of Revelation before our summer hiatus, we will return studying a book of the Bible. This time we will go back to the Hebrew Scriptures and study the writing from the prophet Isaiah.

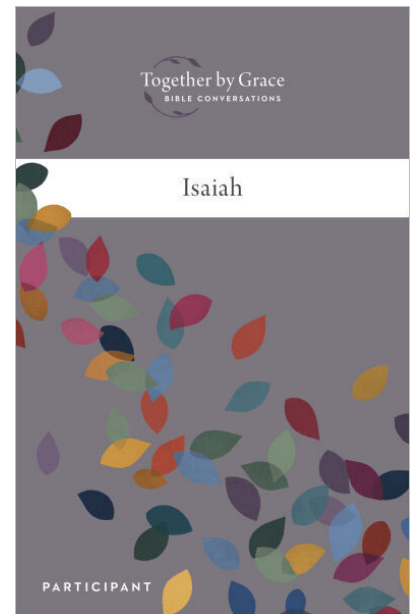
Isaiah is a complex book - so much so that when the apostle Philip asked an Ethiopian official who was reading Isaiah whether he understood it, the official replied, "How can I, unless someone guides me?" (Acts 8:31). The official was, in fact, reading a passage about God's servant (Isaiah 53:7-8). The descriptions of the servant (42:1-4; 49:1-6; 50:1-11; 52:13 - 53:12) are some of the best-known passages in the Bible.

The New Testament quotes Isaiah more than any other prophetic book, especially its proclamation of hope for a coming messiah (see 2:1-5; 9:2-7; and 11:1-16) and its introduction of the servant of God. This servant is faithful in the face of suffering, and God will give him as a light to the nations for the salvation of all. Because of this, New Testament writers identified Jesus with the servant, and Christians have sometimes called the book of Isaiah the "fifth gospel."

The book of Isaiah is not always easy to digest, but for the disciplined and determined reader, it yields manifold rewards. Always keep in mind that you are studying an ancient book - over 2000 years old! The world of the ancient past was so very different from our highly networked world today.

If you travel to the United Kingdom and ride on the subway, you will hear a warm but direct voice telling you to "mind the gap" as you board or disembark from the train. The same is true of ancient biblical books like Isaiah. We need to "mind the gap" by respecting the immense cultural and chronological distance between our world and theirs. Mind the gap - and then draw upon your experience, your imagination, and well-crafted resources to build careful, fruitful bridges across it.

We have 7 participant books for purchase for \$15.00; you may buy one yourself [Isaiah Participant Book](#) or have a PDF version forwarded to you.



Holy Shift: Bouncing Back from Life's Sudden Impacts

By Sharon Head, RN

Two weeks ago, on a quiet and warm Saturday morning in Eugene, Oregon, I attended a celebration of life service for my husband's family member. The service brought in family members from different states who shared stories recalling the individual's unique personality. A video tribute honoring his family life events was shown, there was lovely guitar music that praised our Lord and the pastor delivered a message of hope, faith, and eternal life. It was truly a beautiful reunion of faces not seen for years followed by a luncheon and photos.

While driving to my hotel in a rental car later that afternoon the roads shimmered from the blistering heat and I was looking forward to dinner with my sister's niece. As I was stopped at a stop sign a block and a half from my hotel, all I recall was the roaring sound of screeching metal behind me and I was suddenly jolted from a stop sign forward into the intersection. The rear bumper, trunk, and left quarter panels of the auto collapsed to absorb the impact of energy. Adrenaline rushed through my body as the impact of what just happened struck me: The driver of a Ford truck had just rear-ended me. Even when wearing a seat belt, being hit at 30 mph causes your body to undergo a multiphase motion within a fraction of a second, forcing your head to shift backward and forward rapidly. This motion tears and stretches muscles, tendons, and ligaments in your neck and upper back, causing an injury known as whiplash. Your brain splashes forward and backward, and the sudden compression can rupture the spinal discs in the neck.

The fallout from a motor vehicle accident extends far beyond the initial crash. It triggers a complex chain-reaction of physical, financial, legal, and psychological challenges. Initially it started with navigating a telephone call to 911 and police while getting photos of the street and vehicles involved. Then cleaning up street debris and moving the vehicles to a safe location followed by exchanging information regarding driver's licenses, auto insurance, and car registration. I was forced to wait over an hour and a half in 98-degree temperature for a tow truck as I was responsible for the rental car. The following hours and days were busy notifying insurance agents, car rental companies, the DMV, evidence gathering, taking recorded depositions by my insurance company, talking with the Eugene police department, deciding on a personal injury attorney..... the list goes on. The standard news report here is that I sustained injuries in a collision caused by an unlicensed uninsured driver who may have been under the influence and, although they were called, no police ever arrived on the scene. I keep thinking to myself that if I had arrived one minute later or even one minute earlier at that stop sign, my life would not have changed, yet the reality is that what occurred was not under my control.

Continues on the next page

Holy Shift: ...continued

When you are rear-ended, you never see it coming. There is no time to prepare, you are blindsided and your body bears the full weight of the blow. This is unlike a front-end crash where you might be able to slam on the brakes and swerve away to avoid a collision. We spend our daily lives looking forward, planning our day, doing our checklists, and planning our futures. However, for healing, it is also important to look back to the integral pieces of your life and to realign them with clarity. I am thankful that there was no cross traffic when I was pushed into the intersection, for to have a secondary fallout with deployed air bags would have been worse. I am thankful we have good insurance coverage that will cover the medical care and the rental car. I am thankful for my family who picked me up after the accident and cared for me. I am thankful for God's shield of protection that surrounded this accident and prevented it from being much worse.

When you are blindsided, it reframes your perception of what matters most in life as tomorrow is never guaranteed. It forces you to be in the present and stepping with presence. Everyday details become more vivid as you once again realize the fragility of life. A once active physical life that had routines, schedules, and a social calendar is now put on a temporary hold as activities toward healing now take top priority.

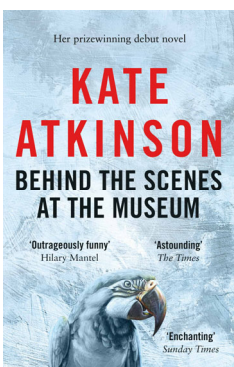
We cannot control the chaos of our world, the unsafe drivers that travel our roads, the sudden arrival of an illness, whether a person treats you with hostility versus kindness, or when our time on earth will end. All we can control is how deeply we love and how tightly we hold on to each other every day.

Blessings, Sharon

BOOKBINDERS

Sunday, October 4th, 1:00 p.m. *Fireside Art Galley*

Behind the Scenes at the Museum by Kate Atkinson



Ruby Lennox was conceived grudgingly by Bunty and born while her father, George, was in the Dog and Hare in Doncaster telling a woman in an emerald dress and a D-cup that he wasn't married.

Bunty had never wanted to marry George, but here she was, stuck with three little girls in a flat above the pet shop in an ancient street beneath York Minster.

Ruby tells the story of The Family, from the day at the end of the nineteenth century when a travelling French photographer catches frail, beautiful Alice and her children, like flowers in amber, to the startling, witty and memorable events of Ruby's own life.

"The past is a cupboard full of light and all you have to do is find the key that opens the door."



Flu shots
are now available
at local pharmacies

REMEMBERING OUR PAST, CELEBRATING OUR FUTURE

Our church is fast approaching a significant milestone in our life as a congregation – 125 years of worshipping as the body of Christ. June 8th, 2027 will commemorate the first meeting. The church was born out of the Norwegian Lutheran Ladies Aid Society which began 125 years ago last month. A year later, the strong faith of these ladies compelled them to form the first Lutheran worshipping community.

To honor God's work accomplished through the lives of the faithful that have been a part of our community we would like to plan a yearlong *Quasiquicentennial* (*century and a quarter*) celebration beginning next June.

We need to establish a committee willing to plan various events and activities throughout the year. Please consider volunteering your gifts as we recognize God's steadfast faithfulness during 2027-28.

Please contact, Pastor Mark, John Rydell (*Congregation President*), or Jamie Hubbard in the church office to lend your support.

Did you know that our church was not always named Trinty Evangelical Lutheran Church? Nor was the church always located at 909 North La Cumbre Road. Each month we will highlight some of our history as we lead up to our Anniversary year.

One Hundred Years Ago

At the February 1, 1926 annual meeting, the congregation voted on three possible new names:

Trinity Lutheran Church	11 votes
First Lutheran Church	1 vote
Our Savior Lutheran Church	1 vote

On September 15, 1926, the church council ratified the vote taken at the annual meeting to change the name of the church from the Scandinavian Evangelical Lutheran Church to the Trinity Evangelical Lutheran Church.

The council minutes were recorded in Norwegian from 1902 until 1924. Helen Rydell recently had ChatGPT translate the handwritten minutes into English. AI can do amazing things! In future Tidings articles we will share some gems from these early minutes.



Worship in the Bath Street Church circa 1926

MISSIONARY UPDATE

August 2026

Dear Friend,

Greeting in HIM from Asia! Thank you for your loving care and concerns. Perhaps you have been wondering if I have not written to you since Easter time. A Chinese saying says, "Things don't always go as planned."



My Easter letter told you, "I will be back in the US this summer like before to do another Home Assignment." I was so looking forward to it ... However, in May I found out that my gallbladder needs operation as soon as possible.

Quoting the doctor's words: It is like a time bomb. It could explode anytime, especially when one is traveling ... I had a Laparoscopic cholecystectomy at the end of May. After being discharged from the hospital, I was taken directly to a Christian sister's home to rest. I was back at my own home in early June and now. Next Monday I will go to the hospital for the post-op check. Once getting the result of abdominal ultrasound (to see the inside recovery), I will be able to plan for my travel back to the US.

With this ordeal, I have experienced HIS grace and mercy again beyond my thinking and asking.

Here to name a few:

1. How grateful I am for my director. His permission allows me to postpone my return to US for home assignment. At the first 3-month operation, a patient needs not only special diets but also should not lift heavy things. What a blessing to have a leader care more for the worker than the work.
2. Beyond my thinking, HE has moved that sister's heart to take me to her home to recover. Her wonderful care for those 9 days has helped me greatly for my recovery.
3. A Christian young couple at the beginning introduce the doctor, take me to the hospital, visit and wait for me outside the operation room, bring me back from hospital and even willing to accompany me to the hospital for the post-op.
4. This operation made me quite weak at the beginning. In comparison with before, I went out less than usual. However, thanks to the high technology. Since June, I have not stopped serving those in need through online. I talk with people through We-chat and phone calls. Many need to be listened to, comforted, and prayed with. I am grateful for others' trust and share. I go out to serve those in need more. In fact, three sisters in HIM passed away with cancer. I was able to go to the hospital ministering to them in their last days. They are all younger than I am. I know that HE keeps me on this earth with HIS good will, and HIS work for me.

Although you do not know what happened to me in these months, your prayers are with me. Do you know this song "Someone is praying for you"? I love this song. It reflects my life, because of you all! Deeply grateful for your partnership and your support in both prayer and finances!

I hope to see you soon in the US. Thanks!

SUNDAY, SEPTEMBER 13th

The Evangelical Lutheran Church in America celebrates “God’s Work. Our Hands.” the second Sunday in September every year.



God’s work. Our hands.

It allows our worship to recognize how God is present in our world and working in our lives, and through our hands with acts of service. Luther wrote that “God doesn’t need our good works, but our neighbor does,” which the motto succinctly captures. Of course, our hands are busy all year long and not just one Sunday, but on this day, we decide to recognize all the many ways we participate in God’s work and illuminate the needs of our neighbors and creation.

So, with grateful hearts and joyous spirits we will give to our community in meaningful ways during this week.

On Sunday, September 13th after worship we will assemble Love Kits after worship to care for our brothers and sisters who are living on the streets and our immigrant population who are at risk of being separated from their families.

On Saturday, September 19th, we will help clean up the beach at Goleta State Park. This is a county-wide effort that will take place from 9:00 - noon at all the coastline beaches with many people volunteering. Trinity will join in to show our care for God’s creation and one of our most precious resources where we live. Please sign up with Jamie in our office or let Pastor Mark or Vicat Tanja know of your intent to participate.

We hope you can participate in one of these activities or decide to do something on your own that benefits a neighbor. If you want to donate to our Love-Kits, mark your gift as GWOH.

SUNDAY EVENING WORSHIP

SEPTEMBER 13 & 27
5PM IN THE CHAPEL

FAMILY FRIENDLY 30-MINUTE SERVICE
WITH MUSIC, REFLECTION, PRAYER AND
HOLY COMMUNION

WEDNESDAY MORNING BIBLE STUDY

Meeting at 10:00 a.m. in the library or by ZOOM. All are welcome.

September 2nd Creation in Christ Sunday

Genesis 2:4^b-25 | *The garden of Eden*

Acts 17:22a, 24-28 | *God gives life and breath to all mortals*

John 1:1-5 | *All things came into being through the Word*

September 9th Sixteenth Sunday after Pentecost

Genesis 50:15-21 | *Joseph reconciles with his brothers*

Romans 14:1-12 | *Accepting diversity in the community of faith*

Matthew 18:21-35 | *A parable of forgiveness in the community of faith*

September 16th Seventeenth Sunday after Pentecost

Jonah 3:10—4:11 | *God's concern for the city of Nineveh*

Philippians 1:21-30 | *Standing firm in the gospel*

Matthew 20:1-16 | *The parable of the vineyard workers*

September 23rd Eighteenth Sunday after Pentecost

Ezekiel 18:1-4, 25-32 | *The fairness of God's way*

Philippians 2:1-13 | *Christ humbled to the point of death on a cross*

Matthew 21:23-32 | *A parable of doing God's will*

September 30th Nineteenth Sunday after Pentecost

Isaiah 5:1-7 | *The song of the vineyard*

Philippians 3:4b-14 | *Nothing surpasses the value of knowing Christ*

Matthew 21:33-46 | *The parable of the vineyard owner's son*

Join Zoom Meeting: <https://us02web.zoom.us/j/82261589116>
or phone in to (346) 248-7799.

SPECIAL MONTHLY OUTREACH

Grace Food Pantry



Our benevolence of the month of March is Grace Food Pantry. Grace Food Pantry provides healthy and nutritious food, including “kitchen-less kits” for clients who lack access to cooking facilities. They distribute food items from Food Bank supplies and supplement them with additional items to provide well-rounded nutrition for low-income individuals and households in need.

Give online, by visiting telcsb.org/giving. Select first option, “Give Now,” then scroll to: “Special Monthly Outreach,” or scan this QR code.



How to follow us on Instagram:

1. Log into your Instagram App or www.instagram.com
2. Type into the search bar **churchtrinitylutheran**
3. Click on the “Follow” button
4. Like, share, and comment on our post
5. Enjoy!



COLLABORATION WITH THE PAST
COLLODION WET PLATE PHOTOS BY SARA YERKES

Trinity Lutheran Church
909 N. La Cumbre Road
Santa Barbara

Reception
Thursday, Sep 10, 5-7:00



WINGED VICTORY

The exhibition will be on view until Thanksgiving

Sara Yerkes works out of her studio and darkroom in Santa Barbara and has been practicing collodion wet plate, a process dating from the 1850s, the first capable of producing sharp negatives for prints. This process of flowing liquid collodion onto a glass plate creates a potential for irregularities, and like Sally Mann, an accomplished wet plate photographer, she makes herself available to the "angel of uncertainty," the angel responsible for flaws in the process that conveniently contribute to an interesting image. As a result Sara considers her work with collodion to be a cooperative activity, a collaboration.

GOOD EATS

Thursday, September 24th 11:30 a.m. | [Mendocino Farms](#) (3851 State Street, Santa Barbara | *La Cumbre Plaza*)

Mendocino Farms is the place where happiness is always an order away. Since 2005, we've taken pride in serving not just delicious food but memorable experiences. Join us in-store and explore our chef-crafted sandwiches and salads, each filled with fresh, vibrant ingredients, unexpected flavor combinations, and exciting culinary adventures.

Please sign up with Peggy Faulk or Jamie in the church office.

Reservations are needed by Monday, September 21st.

Hope to see you there ☺ | 805-588-5240 | kap1976@hotmail.com



MIDWEEK WALKERS

Walking Route: 9:30 a.m. Every Tuesday

1 September - **Mesa Neighborhood** (*In front of Mesa Cafe - 1972 Cliff Drive*)

8 September - **Lake Los Carneros** (*N. La Patera Lane & Momouth Avenue*)

15 September - **East Beach** (*West Lot of Cabrillo Pavillion, 90 min. free spaces*)

22 September - **400 Block Arroyo Rd Neighborhood** (*Arroyo Road & Mint Lane*)

29 September - **Bird Refuge** (*Near SB Zoo Entrance*)

All are welcome to join in the walk and if you work up a decent appetite, stay for the talk at breakfast or coffee. (Usually commences at 10:30 a.m.)

MIDWEEK TALKERS

Coffee: 10:30(ish) a.m. Every Tuesday

1 September **Mesa Cafe**, 1972 Cliff Drive, Santa Barbara

8 September **Domingo's Cafe**, 5782 Hollister Avenue, Goleta

15 September **Mesa Cafe**, 1972 Cliff Drive, Santa Barbara

22 September **Cody's Cafe**, 4898 Hollister Avenue, Goleta

29 September **Mesa Cafe**, 1972 Cliff Drive, Santa Barbara



Good Eats Group at Brass Bird last month



MEN'S MINISTRY

September 15th, 6:00 p.m.

At the Home of Bob Huhn 1348 Crestline Drive, Santa Barbara 93105

The topic will be "When Prayers Go Unanswered" in the 5th chapter of the book *Wrestling with Doubt - Finding our Faith*. All men are welcome. If you have not attended and would be interested in finding out more about our meetings, call or text Bob Huhn 805-886-4457.



BIRTHDAYS

- 1 Tyler Dolin
- 3 Emily Onnen
- 3 Marilyn Harrison
- 5 Susan Benson
- 7 Peggy Faulk
- 12 Phil Archenbronn
- 13 Jean Weeks
- 14 Scott Smith
- 15 Ron Oftebro
- 16 Freya Celeste Lillard
- 18 Lucas Weeks
- 23 Mike Bailey
- 24 Janet Swanson

ANNIVERSARIES

- 8 Phil & Karen Wilson
- 13 Ron & Dale Oftebro
- 20 Erik & Kelly Onnen
- 28 Ron & Marlys Boehm
- 30 Eric & Andrea Schenker

PLEASE REMEMBER IN YOUR PRAYERS

Missionary:

The Reverend Dorcas Wang (*Beijing, China*)

Local Ministries:

Grace Food Pantry, Interfaith Sanctuary Alliance, Lutheran Retreats/Camps/Conferences, PFLAG, Santa Barbara Clergy & Laity United for Economic Justice, Trinity Gardens, Transition House, Villa Majella, Cal Lutheran University



Church Family:

Karen Anderson, Mary Jane Archenbronn, Dorothy Burkhart, Bob Burtness, Mary Christenson, Joan Cartwright, John Chatenay, Roy Fuentes, Virginia Gough, Rolly Lokre, Bill & Nancy Kelly, Betty Meyer, Peggy Morin, Lorraine Pettijohn, Emil Richter, John Santrizos, Marshall Sittig, Nina Thompson, Ann & Bob Townsend, Stephan Weeks, Karen Wilson

Extended Family and Friends:

Matthew (*K. Szopa's cousin*); Jim (*N. Biergiel's Dad*); Dianne, Crystal (*J. Swanson's nieces*); Carol (*M.J. Archenbronn kin-in-law*); Larry, Kryztofr (*B. Jeppesen's spouse/friend*); Ashlyn (*R. Risdall's granddaughter*); Dorothy (*J. Chatenay's sister-in-law*); Kevin (*V. Gough's son*); Lynn, Tiffany (*P. Morin's friend, caregiver*); Casondra, Karen (*S. Prindle's friends*); Jacqueline (*S. Schuk's daughter*); Randy & Sela (*Sittigs' friends*); Troy; Mary, Steve (*N. Schmahl's friends*); Blanchard family (*D. Lewis's relatives*); Laura & Beverley, Stan (*L. Severance's friends/family*); Tatiana, Iryna, Timu and Yury (*Ukrainian community*); Keith and Sharon, Michael (*R. Iverson's family*)

LIVESTREAM RECORDINGS

Link - <https://www.youtube.com/channel/UCAcciKlkalPsmMrKccVZIQA>

We offer livestream recordings of each worship service through YouTube. A bulletin is sent out via our Constant Contact emails. These recordings can be watched at your leisure by selecting the "Live" tab on our YouTube channel and choosing the service you would like to view.

NEW WEBSITE

Our website has a fresh new look and is now live, though a handful of photos are still being taken over the next few weeks and will be added as they're ready. Check it out at telcsb.org! If you have any feedback, suggestions, or critiques, I'd love to hear them at vicar@telcsb.org.

TRINITY'S SUPPORT FOR OUR IMMIGRANT NEIGHBORS

Trinity Evangelical Lutheran Church of Santa Barbara stands firm with our resident immigrant community. We welcome you here, as a child of God, regardless of legal status. Our place of worship is a safe haven for you, a sanctuary in troubled times.

TELCSB

Here at Trinity Lutheran Church, God creates faith and transforms lives.

As a *Reconciling in Christ* congregation, we welcome all people regardless of race, ethnicity, sexual orientation, gender identity, ability, age, or social-economic status.

Together, as imperfect human beings, we strive to love and accept one another as God loves and accepts us. We seek God's will; we pursue justice and peace for all; and we care for God's gift of the earth. At Trinity, all can question, explore, and grow in faith.

TRINITY'S MISSION STATEMENT:

Guided by the Holy Spirit, we strive to:

LOVE all persons in Jesus Christ;

NURTURE the family of faith through reaching out, welcoming, teaching, learning and worshiping;

SERVE and CARE for each other through Christ-centered giving of ourselves;

SHARE the unconditional love of Christ in all our relationships; both local and global.

TRINITY EVANGELICAL LUTHERAN CHURCH
909 North La Cumbre Road, Santa Barbara, CA 93110



All Are Invited

THE REVEREND MARK A. MARIUS | *Pastor*
VICAR TANJA HELMERT | *Pastoral Intern*
MS. MI-YOUNG KIM | *Director of Music*
MS. SHARON HEAD, RN | *Parish Nurse*
MS. JAMIE HUBBARD | *Office Administrator*



Office: 805 687-1577 | Web: www.telcsb.org | E-Mail: office@telcsb.org

Office Hours: Monday - Friday 9:00 a.m. - 1:00 p.m.

Sunday Worship: 9:30 a.m. *Sanctuary/Livestream* | 5:00 p.m. September 13th & 27th *Chapel*

TRINITY EVANGELICAL LUTHERAN CHURCH

909 N La Cumbre Road
Santa Barbara, CA 93110