

I want to pass along a compliment that was paid you last month. During worship, I had expressed gratitude for the warm welcome the congregation had extended to my wife Kathy and me. (Indeed, Kathy and I have been moved by your kindness and are thoroughly enjoying opportunities to get to know you.) In my thanks, I had remarked that the congregation would leave a marvelous impression if we extended an equally warmhearted welcome to all newcomers. As I greeted people after the service, one of the worshipers said to me, “I’m new here too, and I have received a very warm welcome, just like you have. This congregation *should* be praised.”

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Romans 15:7

Grace and peace in Christ!  
Pastor Truls

## IN THE NEWS

**Lynn Burtness** was recently elected to serve as the 60<sup>th</sup> president of the Santa Barbara Women's Club-Rockwood. Lynn is also a charter member and past president of the Santa Barbara High School Alumni Association and a past matron of Marguerite Chapter of the Order of the Eastern Star.

## WE CONGRATULATE

**Kim Bish** is pleased to announce the birth of grandson **Bailey Jackson Bish**, son of Randy and Tamara Bish of Playa Del Ray, CA. Randy is a San Marcos High graduate, has an MS from UC Davis in Aeronautical Engineering, and is an aeronautical engineer with Boeing in El Segundo.

## MORE GRADUATE INFORMATION

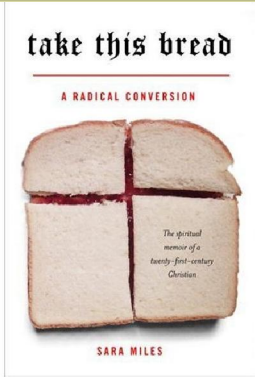
**Kristin Boehm** graduated from Dos Pueblos High School. She participated in track & field, soccer and JSA. Kristin was a Commended Student for the National Merit Scholarship Program, in the National Honor Society and received a scholarship from the California Scholarship Federation. She is planning to go to UC San Diego but has not decided on a major yet. This summer the Boehm family is traveling to Uganda and Rwanda where they will volunteer in an Aids orphanage.

**Katya Sittig** graduated from Santa Barbara High School.

## WE MOURN WITH

**Lorraine Price and family at the death of daughter Sandy Owens** after a courageous battle with cancer. Services were held at Welch-Ryce-Haider on July 28.

**Mark your calendars.** Renewal Sunday will be September 7. We will have **ONE SERVICE ONLY AT 9:30 AM**, followed by refreshments, fellowship and prizes in the Fellowship Hall. Plan to be there to see what this is all about.



**The next Bookbinders meeting will be Sunday, August 24**, beginning at 4:00 PM. The location has not yet been decided. The book that has been selected to read and discuss is *Take This Bread: A Radical Conversion*” by Sara Miles. The story of an unexpected and terribly inconvenient Christian conversion, told by a very unlikely convert, *Take This Bread*” is not only a spiritual memoir, but a call to action.

Raised as an atheist, Sara Miles lived an enthusiastically secular life as a restaurant cook and writer. Then early one morning, for no earthly reason, she wandered into a church. “I was certainly not interested in becoming a Christian,” she writes. “Or, as I thought of it rather less politely, a religious nut.” But she ate a piece of bread, took a sip of wine, and found herself radically transformed...

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**GETTING TO KNOW THE PASTOR** – Please sign up at the **Welcome Center** to join Pastor Truls and a group of 7 to 11 other Trinity friends for 90 minutes of conversation and refreshments at some time in the next weeks. Various dates and times for these gatherings are being offered to accommodate a variety of schedules. Groups will meet in the Fireside Room at church. Thank you for participating! You will receive a telephone call to confirm the date and time of your gathering.

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**Mark your calendar for the next joint church picnic.** Meet at Rocky Nook Park at 5:30 PM. Bring your own meat to BBQ and a dish to share. This event is sponsored by Grace Lutheran.

## AUGUST ANNIVERSARIES



<b>Curtis &amp; Hanna Anderson</b>	<b>1</b>	<b>Harry &amp; Judy Sims</b>	<b>20</b>
<b>Bruce &amp; Jean Wollenberg</b>	<b>2</b>	<b>John &amp; Gloria Buczek</b>	<b>21</b>
<b>Henry Sarria &amp; Laurie Richardson</b>	<b>7</b>	<b>James Davis &amp; Dawn Heimendinger</b>	<b>29</b>
<b>Bill &amp; Sylvia Redding</b>	<b>8</b>	<b>LeRoy &amp; Sherry Hunt</b>	<b>29</b>
<b>Dan &amp; Rosemary Moll</b>	<b>16</b>	<b>Ron &amp; Sandi Marotto</b>	<b>30</b>
<b>Dick &amp; Shirley Landru</b>	<b>19</b>		

Please call the office with any corrections or additions to this list.

## SEPTEMBER ANNIVERSARIES



<b>Kevin &amp; Ronda Johnson</b>	<b>1</b>	<b>Allan &amp; Kay Klinker</b>	<b>18</b>
<b>Ernie &amp; Betty Ranum</b>	<b>1</b>	<b>Jeff &amp; Rebecca Carroll</b>	<b>19</b>
<b>Michael &amp; Louise Caccese</b>	<b>2</b>	<b>Harold &amp; Lorraine Hockett</b>	<b>20</b>
<b>Dan &amp; Romy Reicker</b>	<b>2</b>	<b>Erik &amp; Kelly Onnen</b>	<b>20</b>
<b>Marty &amp; Sharron Krebs</b>	<b>4</b>	<b>Mike &amp; Lorna Owens</b>	<b>22</b>
<b>Richard &amp; Christel Schneider</b>	<b>6</b>	<b>Eric &amp; Heather Diehl</b>	<b>23</b>
<b>Philip &amp; Karen Wilson</b>	<b>8</b>	<b>Fred &amp; Pat Heidner</b>	<b>25</b>
<b>Alan &amp; Kelsey Schroeder</b>	<b>12</b>	<b>Walt &amp; Karen Lang</b>	<b>25</b>
<b>Taka Nomura &amp; Dawn Woods</b>	<b>13</b>	<b>Bob &amp; Judy Dague</b>	<b>26</b>
<b>Ron &amp; Dale Oftebro</b>	<b>13</b>	<b>Ron &amp; Marlys Boehm</b>	<b>28</b>
<b>Rich &amp; Michelle Glaus</b>	<b>16</b>	<b>Eric &amp; Andrea Schenker</b>	<b>30</b>

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## SERVING IN WORSHIP IN AUGUST

**ALTAR GUILD: Shirley Landru & Betty Lewis**

### READERS

First Sunday	Lisa Daniels
Second Sunday	John West
Third Sunday	John West
Fourth Sunday	John Santrizos
Fifth Sunday	Brittany Bailey

### **8:00 AM**

### **10:15 AM**

Dorothy Burkhart  
Dennis Lewis  
Jane Maddalon  
Bill Redding  
Peggy Morin

### COMMUNION ASSISTANTS

First Sunday	Anjali Daniels
Second Sunday	
Third Sunday	
Fourth Sunday	
Fifth Sunday	

### **8:00 AM**

### **10:15 AM**

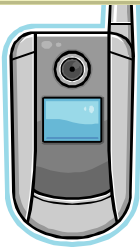
Barbara Griffith  
Betty Lewis  
Rob Anderson  
Sylvia Redding  
Barbara Griffith & Jane  
Maddalon

### GUEST TABLE

First Sunday	<b>10:15 AM</b> Kathy Raschka
Second Sunday	Nan Burns & Greg Dahlin
Third Sunday	Einar Hovind
Fourth Sunday	Marilyn Reginato
Fifth Sunday	Dennis & Betty Lewis

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**We keep in our prayers:** Ken Siegele, Larry Hammett, Verna Kelly, Albert Ebeling, Doug Elizalde, Phyllis Grimstad, Harry Kreizer, Jaime Laguette, Hal Oquist, Mike Diaz, Ray Duarte, Lorraine Price and family of Sandy Owens



**Help in the fight against breast cancer by donating your old cell phones.**

For every cell phone turned in until October 31, 2008, ReCellular will donate \$1.00 to **Susan G. Komen** for the Cure with a guaranteed minimum donation of \$10,000! Please drop your old cell phones in the basket in the office or drop into mail slot. Thank you!

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**SJDAG JOURNAL**

The July outing of the Social Justice Discussion and Action group to Casa Esperanza in south Santa Barbara was, as expected, eye-opening. After a brief tour of the facility, many of us were allowed to work as servers on the evening food line for homeless people who have come to rely on the Casa Esperanza facility for a daily meal. As we returned home, it was with a renewed appreciation for the work done by Casa Esperanza, and the need it fills.

The next meeting of the SJDAG will be on August 24 at 7:00 PM in the Fireside Room here at Trinity. The topic, appropriately, will be homelessness in Santa Barbara. After viewing a video on that topic, a discussion will be led by persons directly involved in work with the homeless in our city. All interested persons are invited to attend.

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Dear Trinity Lutheran,

Thank you for helping us welcome Raena into our family. Your thoughts and prayers have been much appreciated. Everyone has been so sweet to us and Raena, and has been such a wonderful church family to Corbett and me over the last three years.

Warm wishes,  
Corbett, Stefany and Raena Grainger

## Membership Musings

In the parlance of Trinity's by-laws, the Membership Ministry Team "will incorporate experiences for visitors, new members and established members to become fully-committed congregational participants and spiritually-growing disciples of Jesus Christ." So...what does that mean?

- 1) We keep a watchful eye out for visitors. You'll see that members of our team are quick to introduce themselves to visitors on the patio and engage them in conversation.
- 2) We reconnect with visitors. A member of our team will stop by the home of a visitor with a "Welcome Bag" of goodies and information about Trinity.
- 3) We plan special days of welcome. The Membership Team arranges a special event or luncheon to welcome new members to our congregation.
- 4) We work to integrate new members into church activities. We post photos of new members and brief "bios" to acquaint the congregation with background information and interests of new members.
- 5) We keep attendance records. Members of our team collect the black booklets from the sanctuary each Sunday. They record that attendance information on a computer in the church office.
- 6) We work with office staff in tracking "lost" members. Working from attendance records and observation, we try to identify members who are "missing," perhaps due to illness or transportation problems. We work to solve such problems.
- 7) We expect to help with the creation of a new pictorial directory.
- 8) We "fill in the gaps." When a need arises and there is no other ministry to cover the need, the Membership Ministry Team steps in.

If you'd like to be part of such a group, our six-member team would be happy to have your help. Contact Denis Lewis (569-8846) or Dale Oftebro ([doftebro@juno.com](mailto:doftebro@juno.com)) for more information.

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Pastor Truls

## Transition House Thanks

Thank you to **Dorothy Burkhart** for coordinating the Transition House dinner on July 21. Dinner for 54 people included baked chicken, green salad, corn on the cob,



watermelon and cupcakes. We also supplied lunch meat and cheese for sandwiches, chips, fruit and drinks for lunches the next day. Thanks also to **Betty Lewis, Trudy Allen, Jane Maddalon, Cindie Trieger, Marilyn Reginato, Kathy Olson, Sylvia Redding, Nan Burns, Ellen Ahlers, Cesli Vierra and Richard Schneider** for their donations of food and to **Laurie Richardson, Henry Sarria and Kathy Olson** for being servers.

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We have available for the 10:15 service, red binders with the service music, readings and hymns in large print for those who have difficulty reading the bulletin. They are on the small table just as you enter the sanctuary. If you need one, please pick one up and then return it to the table as you leave. We have four available, but will order more binders if needed.

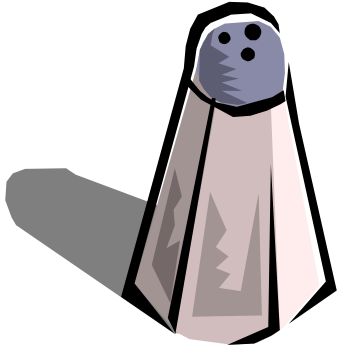
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**Did you know that through Vanco Services and Thrivent Financial for Lutherans, Electronic Funds Transfer (EFT) is available for Trinity members?** Funds can be transferred from your checking or savings account to Trinity's account weekly, semi-monthly or monthly, whichever you prefer. EFT is convenient, more secure, more accurate and helps the environment, using no paper.

Sign up sheets are available in the church office. Please call Cindie in the office if you have any questions or would like to sign up.

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## Notes From the SALT Shaker



The SALT (Serving as Lutherans Together) leadership team met this month at Grace. A team of volunteers has taken all the information gathered from our May 18 “brainstorming” event and distilled it into one “directory” of areas of ministry and names of persons interested in working together in these ministries. There was wide support for a joint SALT

Bible study. Karen Wilson, Christian Education Director at Trinity will develop and coordinate a SALT sponsored Bible study based on the Book of Faith Initiative – Opening the Book of Faith: Lutheran Insights for Bible Study. Watch this space for details!

Looking forward toward the fall, be sure to join “Faith Walkers” in the Alzheimer’s walk at Chase Palm Park on September 12 – usually about 5:30 PM but details are available from Sharon Troll at Trinity (687-1577) or Joe Wheatly at Grace (963-5065). We’re looking at “Faith Walkers” t-shirts and hoping to lend our presence, support and awareness to other similar events in our community.

Lastly, mark your calendars for All Saints Sunday, November 2, when we will once again worship as one body of faith at Trinity. The single worship service will be at 9:30 AM, followed by a gathering in the Fellowship Hall. Help us “SALT” the food that feeds our souls – and our bodies!

# EDUCATION to PROCLAMATION!

**Blessings this fine Summer!**

Our summer is in full swing, and there's lots of news from Trinity's Educational Corner!

## **SUMMER EDUCATION**

Adults 9:15am Sundays: Chapel. *Baptized, Empowered, Sent*

Join us as we explore our baptismal call to minister to the world. We have looked at Home/Church, and Vocation/Work. Now it's time to expand our circle of influence:

<b>We Are Called To Minister To:</b>	<b>Dates</b>	<b>Session</b>
Our Community / Nation	July 27	What is Community Ministry?
	Aug 3	<b>Guest speaker: Transition House</b>
	Aug 10	Exploring opportunities
Our World	Aug 17	What is World Ministry?
	Aug 24	Exploring opportunities
	Aug 31	<b>Guest speaker: World Hunger</b>

Elementary Kids 9:15am Sundays: *Bride's Room (July 27-Aug 31)*

Our Kid's Summer Series continues with Ruth Bloch. Bring the kids and enjoy short Bible stories written specifically for our young-at-heart!

## **RENEWAL SUNDAY SEPT 7<sup>th</sup> – Mark Your Calendars!**

Mark your calendars for an exciting day celebrating God's renewing Spirit blowing through Trinity! **After our one service at 9:30 am** we will celebrate Trinity's ministries and education in the Fellowship Hall – *complete with food and prizes!*

Keep a watch out for more info!

## OPENING THE BOOK OF FAITH"

An exciting new Bible study is coming! This Fall Trinity will join with other SALT members for a community-wide Lutheran Bible study called "Opening the Book of Faith." Book of Faith is the ELCA's 5-year initiative to increase Biblical literacy within its congregations, and to also help its members understand what a "Lutheran Perspective" to Biblical reading means.

Again, watch for more info coming soon on when, where, and how we will join our Lutheran sisters and brothers studying God's Word! And for those who wish to be more involved – contact me! Phone: 845-4313, email: Karen@peachgrove.com

Do you want to know more about the study - now?? Check out Augsburg's Book of Faith's website at [www.bookoffaith.org](http://www.bookoffaith.org).

## SUCCESS WITH OUR BANGLADESH APPEAL!!

A huge THANK YOU to all who contributed to our Bangladesh Appeal to help our Sunday School's sponsored child, Chironjit, recover from Cyclone Sidr! We raised over \$750 which Thrivent has generously matched. We just cut our final check for \$1,200 and it's winging its way to Compassion International and then on to Bangladesh.

Our success brought a little snag: we raised more than one family could receive individually. Compassion International, though, had a fantastic solution: after sending the Family Gift maximum, we donated the excess as a Project Gift to be used by the project who sponsors Chironjit. Compassion Intl will manage the funds and disburse them for acceptable projects. As Bangladesh is suffering from a massive food crisis we expect the funds will initially relieve Chironjit's community's food shortage; then the monies will be used to create sustainability for the area. Our efforts, therefore, will not only provide for their immediate needs, but will also help create renewable food resources for the entire community.

We will get reports from the Project on how they are using the funds, but expect delays of up to 8 – 10 months. We'll keep you informed as soon as we hear.

Again, thank you all for answering God's call to generously share what we have with those who have so little. Every penny and dollar will make a difference in the lives of this community for years to come.

God's Peace and Joy be yours today, Karen Wilson



## August Notes in Youth and Family Ministries

Here are two more tips on getting the whole family out the door on Sunday mornings; last month we talked about the importance of preparation and prioritizing. Here are two for this month:

**Prioritize:** Make Sunday morning in worship the rule, not the exception. Bring friends from a sleepover, wear the soccer uniforms- whatever it takes to show your children that

spending time with God is not just something we do when there's nothing else to do.

**Repeat:** Worship attendance works for children when it becomes a familiar routine. One or two experiences will not bring you or your children a sense of peace.

If you need tips on how to play that out at home, talk to me before or after worship, or even give me a call or an email ([kidzndrumz@aol.com](mailto:kidzndrumz@aol.com)) and we'll talk about ways to get that faith journey moving.

In other news, S.A.L.T. is talking of creating a youth and family ministry team. Regardless of how that comes together, I am interested in receiving input and assistance from anyone within our congregation. I don't care if you're a student, a parent, or just a concerned adult; I need your help! If you're willing to talk and pray about this with me, please let me know. There's no task too small that I would need help with!

Shalom,  
Rich Lashua  
Director of Youth and Family Ministries

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# August Senior Fellowship Luncheon

*August 14<sup>th</sup>, 2008*



*10:30AM – Exercise with Doris*

*11:15AM – Journey to China (Sharon's slides)*

*11:45 – Food From the Heart Lunch*

*Cost - \$6.00*

*Sign-up at the Welcome Center*



## Trinity CARE Callers

Contact, Assist, Relate and Encourage

A Ministry that lets you  
make your own schedule and reach out to someone-  
Only thirty minutes a month!



***Faith Walkers Get Ready!***

Alzheimer's Association Memory Walk 2008  
**Join Trinity Lutheran, Grace Lutheran and Christ Lutheran**  
September 12, 2008 from 4:30 – 7:30 PM  
At Chase Palm Park with Woody's BBQ and Jazz Music  
Last year we raised over \$3,000!  
Sign up on the patio; donations appreciated

## *A Week in the Life of the Parish Nurse*

**Next Parish Nurse Sunday August 10th**



You are a new creation in Christ. All of you - mind, body and spirit. But until you go to heaven to be with your Creator, you're still a work-in-progress. Martin Luther said, "This life, therefore, is not godliness, but the process of becoming godly, not health, but getting well, not being but becoming, not rest but exercise. We are not now what we shall be, but we are on the way."

You are on a journey of wellness. And wellness means maintaining balance in all aspects of life - spiritual, physical, emotional, social, intellectual and vocational. The Wellness Wheel provides a picture of this process. It reminds us that being well is about being in balance and that wellness begins as you are claimed by Christ through the waters of Baptism.

The Parish Nursing Movement provides a model for how we touch the whole person in mind, body and spirit. Any week can hold a variety of tasks and activities for the parish nurse. On Tuesday she meets with the church staff to listen to a Bible passage read by the pastor. Afterwards the pastor teaches about the passage and the staff discusses the influence of the scripture upon us. We pray for those who have lost loved ones, those with illness or going through chronic pain or even transitional changes always remembering to give thanksgiving for

all of our blessings. We review upcoming calendar events and scheduled activities. In the afternoon she visits an elderly woman who is homebound to bring her communion, prayer and a tape of the worship service. Later that day she meets with the Arthritis Foundation on exercise classes for seniors. On Wednesday she may take food to those who have just been discharged from the hospital after major surgery offering advice and prayers. In the afternoon she may contact her Deacons or Care Callers to see how the past month's visits went with their new people. In addition she is always looking at new programs on how to make the congregation healthier and how she can support her Care Ministry Programs. She wonders how many people are still using their pedometers and walking daily to better their health. On Thursday she hosts a Senior Luncheon. There will be twenty people coming to gather for fellowship, exercise and lunch. On Thursday afternoon she holds a free workshop on Advanced Directive for Healthcare for anyone who wishes to stop by. Friday she may stop in on a women's group or another senior group just to visit and offer any health counseling if needed. Later in the day she starts to prepare the fall congregational health survey, writes down ideas for her monthly church article, and returns telephone calls on the upcoming Santa Barbara Alzheimer's Memory Walk.

Underneath the bustle of activity, what she really sees is much more. She sees people going through trials, facing pain, wanting answers to the "why" questions, or needing someone just to care when they feel forgotten or filled with grief. She gently reminds them that God has a plan for their life and that we must trust Him. She asks people to reflect on how God has worked in their lives. Concluding with prayer, she allows God to work further in their lives; that gives hope that anchors the soul.

. Sharon